



InfiniSynechis Volume 2, Issue 2, February 2020

ISSN 2689-3177

*Welcome to the 2nd issue, Volume 2, of **InfiniSynechis**, a publication of Fearless Hearts Foundation*

Foundation News & Updates

All Foundation News and Updates can be found on the foundation website

Conscious Living

*The Fundamental Things **

Life is God's novel. Let him write it. ~ Isaac Bashevis Singer

Compassion and Detachment

Compassion is a key skill of a Bodhisattva, but the Bodhisattva's compassion comes from a place of true detachment.

We can compare the actions of the enlightened ones to a person who is trying to save a drowning person. Only the expert swimmers can do it and the first thing that they teach you as a lifeguard is that you have to hold the person at the neck and safely bring him to the shore because that person's first tendency is to cling to you and if you allow it, then there is a great possibility of both of you drowning. If the one who is doing the rescue is on a boat, that person throws a raft but does not go with the raft. They throw the raft and it is tugged safely to the shore.

These are special situations, but how do we deal with the everyday task of trying to be of help to someone who is a part of your life when they are in anguish over a loss, be it a loved one or

a means of livelihood? When situations arise, we can simply listen and let be. No judgments necessary.

Compassion in a true sense does not entail sympathy or empathy. It is becoming solid like a rock, allowing the other person to sit on it until he or she decides to move on. No matter what we do or say which we think will make the other feel better can not compare to allowing the person to make decisions on their own. If a person is hungry, he or she has to make the decision to eat or not.

After the decision is made, that person actually has to eat the food to alleviate the hunger. The same is true of every emotion. It is so much easier for us to offer solutions as that is our first impulse. When we do then we become part of that person's drama. We think that we are helping the other person when we do so and our egos become inflated with the thought that we helped someone but that is a conditioned reflex. Our egos want the "Thank you for helping me" part. It makes us happy because we "helped" another person.

We can not really help another human being, just as we can not really "teach" another person. We can show them the means to find their way but we can not really point to it. It is much harder to empower another human being that it is to offer food, money, advice of all sorts. ~from "Short Stories, Essays and Exercises on the Path to Self Discovery" by Melinda M. Sörensson

"Without a serene, pure and firm heart, the truth cannot be grasped directly as it is. A brilliant intellect may discourse about it, as to it's realization, a disciplined mind is required." in "Essays in Zen Buddhism" by Daisetsu Teitaro Suzuki.

"Just as the sun dispels darkness, the perfect sage has conquered the false habits of mind. He does not see the mind or the thoughts derived from the mind" - From "Cutting Through Spiritual Materialism" by Chogyam Trungpa

"But he who whose mind dwells beyond attachment, untainted by ego, no act shall bind him with any bond: Though he slay these thousands, he is no slayer." ~The Song of God, Bhagavad-Gita Translated by Prabhananda and Isherwood, 3rd printing 1973

**A Bodhisattva is a person who is on the path to enlightenment but has postponed his or her own enlightenment so that he or she maybe of service to others. A bodhisattva has mastered the six perfections as described in the Mahāyāna sūtras. The six are (1) generosity (dāna), (2) morality (śīla), (3) patience (kṣānti),*

(4) vigor (vīrya), (5) concentration (dhyāna), and (6) wisdom (prajñā).

Zen Buddhism is neither a philosophy nor a religion but a way of life

Philanthropy

*Notable Philanthropists: The Most Generous People Outside of the United States
From Azim Premji to Carlos Slim: The World's Most Generous Billionaires
Outside Of The U.S. by Deniz Çam Forbes Staff*

Business Insights*

Fundamentals of Being in Business

Business Ideas

The North American Industry Classification System (NAICS) is the standard used by Federal statistical agencies in classifying business establishments for the purpose of collecting, analyzing, and publishing statistical data related to the U.S. business economy.

Although there are thousands of codes in the classification, there are really only two general classification of goods and services: Essential and Non-essential.

From these two general classifications emerge the further subdivisions and the subdivisions are a function of the degree of development in a community/society/country.

Business Perspectives

How One CEO Overcame the Fears of Starting a Business

Commentary

Follow your passion, find your niche.

Notes:

If you are interested in running an online business, Ramit Sethi is one such success and his website is <https://www.iwillteachyoutoberich.com/>

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